

## AGENDA (05 May 2013)

National Heart, Lung, and Blood Institute  
NIH Office of Dietary Supplements

### NHLBI-ODS Working Group

#### Designing Clinical Studies to Evaluate the Role of Nutrition and Diet in Heart Failure Management

June 6-7, 2013

2 Rockledge Center, 6701 Rockledge Drive, Bethesda, Maryland

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#### DAY ONE

**08:00 AM** Security Desk sign-in at Rockledge 2

**08:30 AM** Greetings and Logistics (*NIH Staff*)

**08:45 AM** Charge to the Working Group (*Co-Chairs Yancy and Sacks*)

#### **Session I: Overview: An Unusually Challenging Topic**

**09:00 AM** Heart Failure Management Issues  
(*Gregg Fonarow, UCLA*)

**09:45 AM** Nutrition Guidelines and Medical Nutrition Therapy (MNT):  
Current Knowledge and Practice – Unknown Answers and Gaps  
(*Linda Van Horn, Northwestern*)

**10:15 AM** Break

**10:30 AM** Health Behavior Change in Heart Failure Patients  
(*Terry Lennie, University of Kentucky*)

**11:00 AM** NIH-Supported Research

- a. Current and past portfolio – NHLBI, ODS, and other ICs  
(*Abby Ershow, DCVS-NHLBI and Becky Costello, ODS*)
- b. Future awards: Impact of budget pressures  
(*Michael Lauer, DCVS-NHLBI*)

**11:30 AM** Discussion

**12:15 PM** Lunch

#### **Session II Key Issues in Nutrition Practice for Heart Failure Patient Management**

**12:45 PM** Key Issues in Nutrition Practice for Heart Failure Patient Management:  
Salt and Sodium  
(*Javed Butler, Emory University*)

- 01:30 PM**      **Efficacy Designs (1)**  
**Hypertensive Heart Failure with Preserved Ejection Fraction: Salt and Sensitivity?**  
*(Scott Hummel, University of Michigan)*
- 01:45 PM**      **Efficacy designs (2)**  
**Dietary Patterns, Sources of Nutrients, and Safety Concerns**  
*(Larry Appel, Johns Hopkins University)*
- 02:15 PM**      **Efficacy Designs (3)**  
**Populations, Outcomes, and Delivering Interventions**  
*(Frank Sacks HSPH)*
- 02:30 PM**      **Discussion**
- 03:15 PM**      **Dietary Insufficiencies, Micronutrients, and Drug-Nutrient Interactions**  
*(Michael Rich, Washington University St. Louis)*
- 03:45 PM**      **Body Weight Issues in Heart Failure Patients**  
*(Lorraine Evangelista, UCI)*

**Session III: Study Design Considerations**

- 04:15 PM**      **Practice-Based Studies: HMOs and Other Settings**  
*(Alan Go, Kaiser Permanente)*
- 04:45 PM**      **Discussion**
- 06:00 PM**      **Adjourn – Group Dinner (at own expense)**

**DAY TWO**

- 08:00 AM**      **Brief Remarks from the NHLBI Director**  
Gary Gibbons, NHLBI
- 08:15 AM**      **Nutrition and Outcomes Research in Chronic Kidney Disease**  
*(T. Alp Ikizler, Vanderbilt)*
- 08:45 AM**      **Registries, Cohorts, and Population-Based Datasets**  
*(Luc Djousse, HMS/BWH)*
- 09:15 AM**      **Obesity and Heart Failure: Reverse Epidemiology and Implications for Management**  
*(Dariush Mozaffarian, HMS/BWH)*
- 09:45 AM**      **Adaptive Designs: Can We Use Them for Evaluation of Nutrition in Heart Failure?**  
*(Janet Wittes, Statistics Collaborative)*
- 10:15 AM**      **Break**

## **Session IV    Working Group Outcomes**

**11:00 AM**      **Discussion and Summary Comments**

**12:30 PM**      **Wrap-up and Working Lunch**

**01:00 PM**      **Adjourn**

### **Post session**

**01:30 PM**      **Writing Group meeting**

**03:30 PM**      **Adjourn**

### **Discussants and Observers**

Kevin Davy, PhD	Virginia Polytechnic Institute
Katherine Dennison, RD, MPH	Washington VA Hospital Center
Sheldon Gottlieb, MD	Johns Hopkins University
Jerry Gurwitz, MD	University of Massachusetts
Paul Hauptman, MD	St. Louis University
Stephen Houser, PhD	University of Pennsylvania
Eldrin Lewis, MD, MPH	Harvard Medical School
Eric Leifer, PhD	NHLBI
Hilda Maibach, MS	Social and Scientific Systems
Ann Nothwehr, MA, RD, LD, CNSC	Shady Grove Adventist Hospital
Paul Poirier, MD, PhD	Quebec Heart Institute
Dorothea Vafiadis, MPH	American Heart Association
Edward Weiss, PhD	St. Louis University

### **Planning Committee**

#### *Project Officers:*

Abby Ershow, ScD and Patrice Desvigne-Nickens, MD (NHLBI); Rebecca Costello, PhD (ODS)

#### *Program Analyst:*

Camille Jackson (NHLBI)

#### *Committee Members and Advisors:*

Lawton Cooper, MD, MPH; Susan Czajkowski, PhD; Simhan Danthi, PhD; Janet de Jesus, MS, RD; Juliana Keleti, PhD; Kathryn McMurry, MS; Hanyu Ni, PhD; Charlotte Pratt, PhD, RD; Pothur Srinivas, PhD, MPH; Myron Waclawiw, PhD; and Jackie Wright, PhD (NHLBI). Cindy Davis, PhD and Christopher Sempos, PhD (ODS). Karen Huss, DNSc, RN, APRN-BC (NINR). Paul Kimmel, MD (NIDDK). Judy Hannah, PhD and Susan Zieman, MD, PhD (NIA).

## Roster

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UC Irvine Program of Nursing Science

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Emory Cardiovascular Clinical Research Institute  
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Reagan-UCLA Medical Center

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