

Special Supplement

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Special Supplement

Strengthening Knowledge
and Understanding of
Dietary Supplements

September 5, 2023

Mary Frances Picciano Dietary Supplement Research Practicum Video Recordings Now Available

Video recordings of the [2023 Office of Dietary Supplements \(ODS\) Dietary Supplement Research Practicum](#) are available on demand. View the [agenda](#) for more information on the presenters and topics.

Topics from the [Day 1 Main Session](#) include:

- Session 1: Setting the Stage—Learn about the National Institutes of Health (NIH) ODS and hear an overview of dietary supplement use and associated motivations
- Session 2: Rules and Regulation—Hear representatives from the U.S. Food and Drug Administration (FDA) and the Federal Trade Commission explain their function in the world of dietary supplements

Topics from the [Day 2 Main Session](#) include:

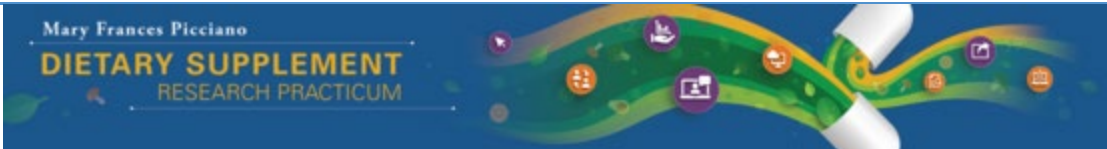
- Session 3: Assessing the Health Effects of Supplement Ingredients—Listen to a discussion on research exploring the efficacy and safety of various supplements
- Session 4: Rigor and Reproducibility in Dietary Supplement Research—Learn about analytical methods, standards, and quality assurance in dietary supplement research, and the challenges in botanical supplement research

Topics from the [Day 3 Main Session \(Part 1 and Part 2\)](#) include:

- Session 5: Special Topics—View presentations on dietary supplements use for immune modulation/immunity and on the use of artificial intelligence (AI) in dietary supplement-related research, including clinical trials
- Session 6: Dietary Supplement Quality—Listen to a panel of representatives from industry, special interest groups, and the FDA

Breakout sessions are also available on the [2023 ODS Research Practicum](#) YouTube Playlist.

Audio described (AD) videos are available on the [ODS AD YouTube Playlist](#).



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About ODS

The [Office of Dietary Supplements \(ODS\)](#) is part of the National Institutes of Health (NIH), the nation's medical research agency—supporting scientific studies that turn discovery into health.

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