

Maternal lodine Supplementation: Clinical Trials and Assessment of Outcomes September 22–23, 2014

Maria Makrides, Ph.D., B.N.D., B.Sc., is the theme leader for Healthy Mothers, Babies, and Children at the South Australian Health and Medical Research Institute (SAHMRI) and the director of research for the University of Adelaide's Women's and Children's Health Research Institute (WCHRI) based at the Women's and Children's Hospital. As a research dietitian, Maria is committed to improving the nutrition and health of mothers and their babies through the conduct and translation of high-quality research. She has more than 200 peer-reviewed publications including in the prestigious journals The Lancet, The Journal of the American Medical Association, and the British Medical Journal. Maria's group has conducted some of the key intervention trials involving fatty acid supplementation in perinatal nutrition and has recently been recognized by the National Health Medical Research Council (NHMRC) Centre for Research Excellence in Foods for Future Australians.