AGENDA (05 May 2013)
National Heart, Lung, and Blood Institute
NIH Office of Dietary Supplements

NHLBI-ODS Working Group
Designing Clinical Studies to Evaluate the Role of Nutrition and Diet in Heart Failure Management

June 6-7, 2013
2 Rockledge Center, 6701 Rockledge Drive, Bethesda, Maryland

DAY ONE

08:00 AM  Security Desk sign-in at Rockledge 2
08:30 AM  Greetings and Logistics (NIH Staff)
08:45 AM  Charge to the Working Group (Co-Chairs Yancy and Sacks)

Session I:  Overview: An Unusually Challenging Topic

09:00 AM  Heart Failure Management Issues
(Gregg Fonarow, UCLA)
09:45 AM  Nutrition Guidelines and Medical Nutrition Therapy (MNT): Current Knowledge and Practice – Unknown Answers and Gaps
(Linda Van Horn, Northwestern)
10:15 AM  Break
10:30 AM  Health Behavior Change in Heart Failure Patients
(Terry Lennie, University of Kentucky)
11:00 AM  NIH-Supported Research
a. Current and past portfolio – NHLBI, ODS, and other ICs
(Abby Ershow, DCVS-NHLBI and Becky Costello, ODS)
b. Future awards: Impact of budget pressures
(Michael Lauer, DCVS-NHLBI)
11:30 AM  Discussion
12:15 PM  Lunch

Session II  Key Issues in Nutrition Practice for Heart Failure Patient Management

12:45 PM  Key Issues in Nutrition Practice for Heart Failure Patient Management: Salt and Sodium
(Javed Butler, Emory University)
01:30 PM  Efficacy Designs (1)
Hypertensive Heart Failure with Preserved Ejection Fraction: Salt and Sensitivity?
(Scott Hummel, University of Michigan)

01:45 PM  Efficacy designs (2)
Dietary Patterns, Sources of Nutrients, and Safety Concerns
(Larry Appel, Johns Hopkins University)

02:15 PM  Efficacy Designs (3)
Populations, Outcomes, and Delivering Interventions
(Frank Sacks HSPH)

02:30 PM  Discussion

03:15 PM  Dietary Insufficiencies, Micronutrients, and Drug-Nutrient Interactions
(Michael Rich, Washington University St. Louis)

03:45 PM  Body Weight Issues in Heart Failure Patients
(Lorraine Evangelista, UCI)

Session III: Study Design Considerations

04:15 PM  Practice-Based Studies: HMOs and Other Settings
(Alan Go, Kaiser Permanente)

04:45 PM  Discussion

06:00 PM  Adjourn – Group Dinner (at own expense)

DAY TWO

08:00 AM  Brief Remarks from the NHLBI Director
Gary Gibbons, NHLBI

08:15 AM  Nutrition and Outcomes Research in Chronic Kidney Disease
(T. Alp Ikizler, Vanderbilt)

08:45 AM  Registries, Cohorts, and Population-Based Datasets
(Luc Djousse, HMS/BWH)

09:15 AM  Obesity and Heart Failure: Reverse Epidemiology and Implications for Management
(Dariush Mozaffarian, HMS/BWH)

09:45 AM  Adaptive Designs: Can We Use Them for Evaluation of Nutrition in Heart Failure?
(Janet Wittes, Statistics Collaborative)

10:15 AM  Break
Session IV  Working Group Outcomes

11:00 AM  Discussion and Summary Comments

12:30 PM  Wrap-up and Working Lunch

01:00 PM  Adjourn

Post session

01:30 PM  Writing Group meeting

03:30 PM  Adjourn

Discussants and Observers
Kevin Davy, PhD  Virginia Polytechnic Institute
Katherine Dennison, RD, MPH  Washington VA Hospital Center
Sheldon Gottlieb, MD  Johns Hopkins University
Jerry Gurwitz, MD  University of Massachusetts
Paul Hauptman, MD  St. Louis University
Stephen Houser, PhD  University of Pennsylvania
Eldrin Lewis, MD, MPH  Harvard Medical School
Eric Leifer, PhD  NHLBI
Hilda Maibach, MS  Social and Scientific Systems
Ann Nothwehr, MA, RD, LD, CNSC  Shady Grove Adventist Hospital
Paul Poirier, MD, PhD  Quebec Heart Institute
Dorothea Vafiadis, MPH  American Heart Association
Edward Weiss, PhD  St. Louis University

Planning Committee
Project Officers:
Abby Ershow, ScD and Patrice Desvigne-Nickens, MD (NHLBI); Rebecca Costello, PhD (ODS)

Program Analyst:
Camille Jackson (NHLBI)

Committee Members and Advisors:
Lawton Cooper, MD, MPH; Susan Czajkowski, PhD; Simhan Danthi, PhD; Janet de Jesus, MS, RD;
Juliana Keleti, PhD; Kathryn McMurry, MS; Hanyu Ni, PhD; Charlotte Pratt, PhD, RD; Pothur Srinivas,
PhD, MPH; Myron Waclawiw, PhD; and Jackie Wright, PhD (NHLBI). Cindy Davis, PhD and Christopher Semos, PhD (ODS). Karen Huss, DNSc, RN, APRN-BC (NINR). Paul Kimmel, MD (NIDDK). Judy Hannah, PhD and Susan Ziemann, MD, PhD (NIA).
Roster

National Heart, Lung, and Blood Institute
NIH Office of Dietary Supplements

NHLBI-ODS Working Group

Designing Clinical Studies to Evaluate the Role of Nutrition and Diet in Heart Failure Management

June 6-7, 2013
2 Rockledge Center, 6701 Rockledge Drive, Bethesda, Maryland

Lawrence Appel, MD, MPH
Professor of Medicine
Director, Welch Center for Prevention
Epidemiology and Clinical Research
The Johns Hopkins University

Javed Butler, MD, MPH
Professor, Cardiology
Emory Cardiovascular Clinical Research Institute
Emory University

Kevin Davy, PhD, MA
Professor, College of Agriculture and Life Sciences
Virginia Polytechnic Institute and State

Katherine Dennison, MPH, RD
Chief of Nutrition & Food Service
Washington DC VA Medical Center

Luc Djousse, MD, ScD
Associate Professor of Medicine
Harvard Medical School
Editor-in-Chief, Current Nutrition Reports
Director of Research, Division of Aging
Brigham and Women's Hospital

Lorraine S, Evangelista, PhD, RN, FAHA, FAAN
Associate Professor
UC Irvine Program of Nursing Science

Gregg C. Fonarow, MD, FACC, FAHA
Ahmanson-UCLA Cardiomyopathy Center Ronald Reagan-UCLA Medical Center

Alan S. Go, MD
Chief, Cardiovascular & Metabolic Conditions Section
Director, Comprehensive Clinical Research Unit
Regional Medical Director for Clinical Trials Kaiser Permanente Northern California Division of Research

Sheldon Gottlieb, M.D.
Associate Professor
Department of Medicine
Johns Hopkins University School of Medicine
Jerry H. Gurwitz, MD
Executive Director
Meyers Primary Care Institute
The Dr. John Meyers Professor of Primary Care Medicine
Chief, Division of Geriatric Medicine
University of Massachusetts Medical School

Paul Hauptman, M.D.
Professor of Internal Medicine
Division of Cardiology, School of Medicine
Professor of Health Management & Policy School of Public Health
Assistant Dean, Clinical and Translational Research Saint Louis University Hospital

Steven R. Houser, PhD, FAHA
Chairperson, Department of Physiology Director, Cardiovascular Research Center
Laura H. Carnell Professor of Physiology
Professor, Medicine

Scott L. Hummel, M.D., M.S.
Assistant Professor
Department of Internal Medicine
University of Michigan
Ann Arbor Veterans Affairs Health System

Alp Ikizler, MD
Professor of Medicine
Catherine McLaughlin Hakim
Chair in Vascular Biology
Vanderbilt University Medical Center

Eldrin Lewis, MD, MPH
Assistant Professor, Harvard Medical School
Department of Cardiovascular Medicine
Brigham and Women’s Hospital

Hilda Maibach, MS
Director, Center for Biostatistics, Bioinformatics and Clinical Data Management

Dariush Mozaffarian, MD, DrPH
Co-Director, Program in Cardiovascular Epidemiology
Associate Professor of Medicine and Epidemiology Division of Cardiovascular Medicine, Brigham and Women’s Hospital & Harvard Medical School
Department of Epidemiology, Harvard School of Public Health

Ann Nothwehr, MA, RD, LD, CNSC
Clinical Dietitian
Shady Grove Adventist Hospital

Paul Poirier MD, PhD, FRCPC, FACC, FAHA
Professeur titulaire, Faculté de pharmacie Université Laval
Institut universitaire de cardiologie et de pneumologie de Québec

Michael W. Rich, MD
Professor of Medicine
Washington University School of Medicine Email:
Frank M. Sacks, M.D.
Professor of Cardiovascular Disease Prevention
Nutrition Department, Harvard School of Public Health
Professor of Medicine, Channing Division of Network Medicine
Harvard Medical School & Brigham & Women’s Hospital
Harvard School of Public Health

Dorothea K. Vafiadis, MS, FAHA
Science and Medicine Advisor
Prevention and Healthy Lifestyle
Office of Science Operations
American Heart Association

Linda Van Horn, PhD, RD
Associate Dean for Faculty Development
Professor in Preventive Medicine
Northwestern University

Edward "Ted" Weiss, PhD
Associate Professor
Department of Nutrition and Dietetics
Saint Louis University

Janet Wittes, PhD
President, Statistics Collaborative, Inc.

Clyde W. Yancy, MD, MSc, FACC, FAHA, MACP
Magerstadt Professor of Medicine
Chief, Division of Cardiology
Northwestern University, Feinberg School of Medicine &
Associate Director, Bluhm Cardiovascular Institute Northwestern Memorial Hospital