Agenda

DAY 1 — Monday, October 25

10:00 a.m.  Opening Remarks
Joseph Betz, Acting Director, Office of Dietary Supplements (ODS)
- James Anderson, Director, Division of Program Coordination, Planning, and Strategic Initiatives (DPCPSI)
- Francis Collins, Director, National Institutes of Health (NIH)
- Setting the Stage – Joseph Betz, ODS

10:30 a.m.  Dietary Supplement Use in the United States
- Programmatic Introduction – Nancy Potischman, ODS
- Dietary Supplement Use by Americans: Trends and Changes Over Time – Regan Bailey, Purdue University

11:00 a.m. Remarks by Bernadette Marriott, ODS Director 1995–1999, current Professor and Nutrition Research Center Director Emerita at Medical University of South Carolina

11:10 a.m. BREAK

11:30 a.m. Clinical Trials of Dietary Supplements, Part 1
- Introduction – Cindy Davis, U.S. Department of Agriculture (USDA)
- Age-Related Eye Disease Study (AREDS) – Emily Chew, National Eye Institute (NEI)
- Vitamin D and Omega-3 Trial (VITAL) – JoAnn E. Manson, Brigham Health/Harvard University
- Selenium and Vitamin E Cancer Prevention Trial (SELECT) – Lori Minasian, National Cancer Institute (NCI)

1:00 p.m. LUNCH

1:45 p.m. Remarks by Paul Coates, ODS Director 1999–2018, current President of the American Society for Nutrition (ASN)

1:50 p.m. Clinical Trials of Dietary Supplements, Part 2
Moderator: Karen Regan, ODS, Office of Nutrition Research (ONR)
- Physician’s Health Study II – Howard Sesso, Brigham and Women’s Hospital/Harvard University
- Ginkgo biloba prevention trial – Annette Fitzpatrick, University of Washington, Seattle
- Panel discussion and Q&A

3:05 p.m. BREAK

3:25 p.m. Botanical Dietary Supplement Research
- Programmatic Introduction – Barbara C. Sorkin, ODS
- Hydrastis canadensis (goldenseal) and mechanistic synergy – Nadja Cech, University of North Carolina Greensboro
- Centella asiatica (gotu kola) and resilience in aging – Amala Soumyanath, Oregon Health & Science University (OHSU) School of Medicine
4:20 p.m. Integrated Panel Discussion and Q&A  
*Moderator:* Joseph Betz, ODS

4:45 p.m. First day concluding remarks  
Joseph Betz, ODS

5:00 p.m. Adjourn

DAY 2 — Tuesday, October 26

10:00 a.m. ODS Initiatives to Coordinate and Catalyze Research  
*Moderator:* Patricia Haggerty, ODS

- Evidence-based review program
  - Programmatic Introduction – Anne Thurn, ODS
  - Speaker – Patsy Brannon
- Vitamin D Initiative
  - Population studies, literature reviews, recommended dietary allowances (RDAs) – Christine Taylor
  - Vitamin D Standardization Program (VDSP) – Christopher T. Sempos
- Iodine Initiative
  - Overview – Abby Ershow, ODS
  - Speaker – Elizabeth Pearce, Boston University
- Resilience Program
  - Programmatic Introduction – LaVerne Brown, ODS
  - Speaker – Patricia Deuster, Uniformed Services University of the Health Sciences (USUHS)
- Questions and answers

12:00 noon LUNCH

12:55 p.m. ODS Resources to Enhance Research and Disseminate Knowledge

- Dietary Supplement Databases
  - Dietary Supplement Label Database (DSLD) – Johanna Dwyer, Leila Saldanha, Rich Bailen, ODS
  - Dietary Supplement Ingredient Database (DSID) – Karen Andrews, USDA
- Analytical Methods and Reference Materials (AMRM) Program
  - Programmatic Introduction – Adam Kuszak, ODS
  - Curcumin metabolites – Claus Schneider, Vanderbilt University
- Education and Communications – Paul Thomas and Carol Haggans, ODS

2:15 p.m. BREAK

2:35 p.m. Training the Next Generation of Dietary Supplement Researchers  
*Moderator:* Karen Regan, ODS, ONR

- ODS activities to enhance the dietary supplement research workforce – Jaime Gahche, ODS
- Scholar scientific presentation 1 – Katie O’Brien, National Institute of Environmental Health Sciences (NIEHS)
- Scholar scientific presentation 2 – Zhi-Hong Yang, National Heart, Lung, and Blood Institute (NHLBI)

3:25 p.m. Discussion and Closing Remarks – Looking to the Future  
*Moderator:* Joseph Betz, ODS

4:15 p.m. Adjourn