RESILIENCE RESEARCH DESIGN TOOL
AND KEY RESEARCH TERMS

Are one or more key research terms identified in the title, abstract, or specific aims?

Does the experimental design include a stressor or challenge (i.e., aging, high risk groups, high risk condition)?

YES  NO

Do the measurements and/or outcomes target health maintenance, survivorship, or preventative or protective pathways?

YES  NO

Is an intervention identified?

YES  NO

Does the intervention have multiple diverse effects within a system or across multiple systems?

N/A

Are protective factors identified or sought for discovery?

N/A

RESILIENCE

KEY RESEARCH TERMS

adapt  mitigate  preserve  recovery  resist
adaptogen  modifiable  protective  regenerate  restore
enhance  mediators  reconstruct  repair  restructure
homeostasis  modulate  recondition  resilience  reverse
maintenance