

New Multivitamin Reference Material Issued

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Strengthening Knowledge
and Understanding of
Dietary Supplements

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ODS's Analytical Methods and Reference Materials (AMRM) Program focuses on developing and disseminating resources that are needed to ensure that methods used for the characterization of dietary supplements, natural products, and nutrient biomarkers are precise, accurate, and reliable. These resources enable thorough chemical analysis of dietary supplements and ingredients in investigations of their safety and health effects.

With support from ODS, a new certified reference material for a multivitamin dietary supplement has been issued by the National Institute of Standards and Technology (NIST). [Standard Reference Material \(SRM\) 3289 – Multivitamin Tablets](#) has quantified values for vitamin A, thiamine, riboflavin, niacin, pantothenic acid, vitamins B6 and B12, biotin, vitamin C, vitamins D2 and D3, vitamin E, vitamin K1, folic acid, and lutein.

This reference material is designed to help scientists evaluate their methods for the measurement of vitamins in dietary supplements and verify their in-house control materials. [SRM 3289](#) is available from NIST.

Find more information on the ODS website about the [AMRM Program](#).

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The [Office of Dietary Supplements \(ODS\)](#) is part of the National Institutes of Health (NIH), the nation's medical research agency—supporting scientific studies that turn discovery into health.

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