

# ODS Special Supplement

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## Special Supplement

Strengthening Knowledge  
and Understanding of  
Dietary Supplements

February 13, 2023

### ODS Seminar Series Presents

**Food Politics 2023: Supplements, Diet, Food Systems**

by Nutrition Scientist and Author Dr. Marion Nestle

Wednesday, March 1, 11:00 am–12 noon ET

[SAVE THE DATE](#)



#### About the Speaker

Marion Nestle, Ph.D., is the Paulette Goddard Professor of Nutrition, Food Studies, and Public Health, Emerita, at New York University. Her research and writing examine the scientific and socioeconomic influences on food choice and its consequences, emphasizing the role of the food industry.

#### About the Presentation

Evaluating the quality—the truth—of information given to the public about diet, nutrition, and health has become a major challenge for food and nutrition scientists, educators, and regulators. Publicly available information about supplements is a classic example of this problem as so much of this information is based on anecdote, belief, and opinion rather than on experimental evidence, such as from clinical trials. The literature on countering misinformation tends to focus on providing facts, despite limited evidence for the effectiveness of this strategy. This presentation will address the dilemma of providing actionable information and countering misinformation from the perspectives of its research base and the speaker's personal experience and views.

Save the [event information](#) to your calendar.

#### Can't Attend the March 1st Virtual Presentation?

A recording will be available on the [ODS Seminar Series YouTube Playlist](#).

#### ODS Seminar Series

The [ODS Seminar Series](#) features webinars on research that's relevant to dietary supplements and related topics. The seminars are virtual meetings. [Contact ODS](#) to receive viewing information.



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### About ODS

The [Office of Dietary Supplements \(ODS\)](#) is part of the National Institutes of Health (NIH), the nation's medical research agency—supporting scientific studies that turn discovery into health.

### Contact Us

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