

## Special Supplement

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# Special Supplement

Strengthening Knowledge  
and Understanding of  
Dietary Supplements

October 31, 2023

## ODS Launches Director's Page



Stefan M. Pasiakos, Ph.D., Director of the National Institutes of Health (NIH) Office of Dietary Supplements (ODS), has initiated a new page on the ODS website to highlight ODS accomplishments and its staff, and to amplify key announcements from ODS programs. The ODS Director's Page will also be used to raise awareness of significant advances in the scientific field of dietary supplements and the role they may have in health optimization.

Dr. Pasiakos' first message highlights the work of Dr. LaVerne Brown and the ODS Resilience & Health Studies Program. Dr. Brown leads ODS efforts to coordinate scientific approaches to explore the effects of dietary supplements and their constituent ingredients on human resilience. Working together with a coalition of experts, Dr. Brown and ODS colleagues, Dr. Barbara Cohen and Dr. Rebecca Costello, began this effort several years ago to address the variability and equivocal nature of dietary supplement research. Read more on the [ODS Director's Page](#).



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### About ODS

The [Office of Dietary Supplements \(ODS\)](#) is part of the National Institutes of Health (NIH), the nation's medical research agency—supporting scientific studies that turn discovery into health.

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