Mary Frances Picciano Dietary Supplement Research Practicum

Video Recordings Now Available

Video recordings of the 2023 Office of Dietary Supplements (ODS) Dietary Supplement Research Practicum are available on demand. View the agenda for more information on the presenters and topics.

Topics from the Day 1 Main Session include:

- Session 1: Setting the Stage—Learn about the National Institutes of Health (NIH) ODS and hear an overview of dietary supplement use and associated motivations
- Session 2: Rules and Regulation—Hear representatives from the U.S. Food and Drug Administration (FDA) and the Federal Trade Commission explain their function in the world of dietary supplements

Topics from the Day 2 Main Session include:

- Session 3: Assessing the Health Effects of Supplement Ingredients—Listen to a discussion on research exploring the efficacy and safety of various supplements
- Session 4: Rigor and Reproducibility in Dietary Supplement Research—Learn about analytical methods, standards, and quality assurance in dietary supplement research, and the challenges in botanical supplement research

Topics from the Day 3 Main Session (Part 1 and Part 2) include:

- Session 5: Special Topics—View presentations on dietary supplements use for immune modulation/immunity and on the use of artificial intelligence (AI) in dietary supplement-related research, including clinical trials
- Session 6: Dietary Supplement Quality—Listen to a panel of representatives from industry, special interest groups, and the FDA

Breakout sessions are also available on the 2023 ODS Research Practicum YouTube Playlist.

Audio described (AD) videos are available on the ODS AD YouTube Playlist.
About ODS
The Office of Dietary Supplements (ODS) is part of the National Institutes of Health (NIH), the nation’s medical research agency—supporting scientific studies that turn discovery into health.

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