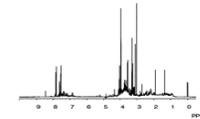
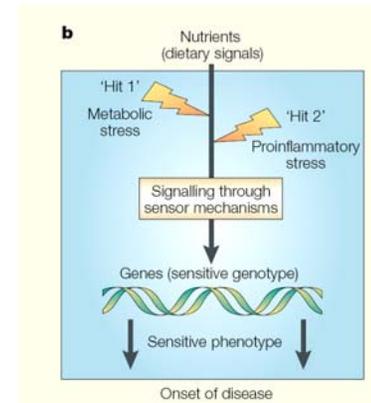




Michael Müller



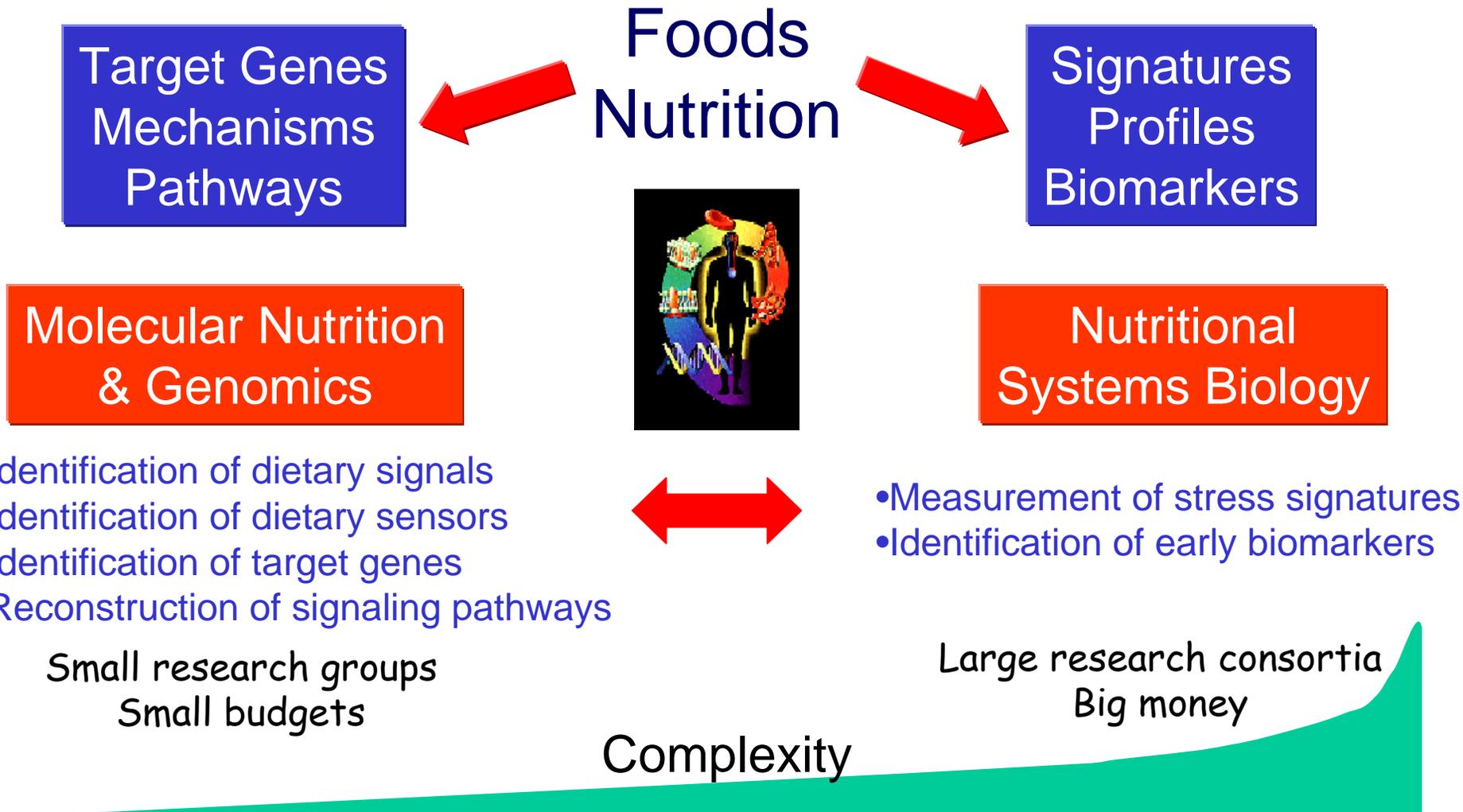
## Nutrigenomics: Providing Early Warning Molecular Biomarkers For Nutrient-Induced Changes to Homeostasis



# Outline

- Nutrigenomics: From complex problems to simple questions
- Free fatty acids as a “need for glucose” signal
- “Metabolic stress” and its signatures
- Human studies and the use of PBMCs
- Conclusions

# Nutrigenomics



# Nutrigenomics



Complex Problems



Simple Questions



# Transcription-factor pathways mediating nutrient-gene interaction

Nutrient	Compound	Transcription factor
<b>Macronutrients</b>		
Fats	Fatty acids Cholesterol	PPARs, SREBPs, LXR, HNF4, ChREBP SREBPs, LXRs, FXR
Carbohydrates	Glucose	USFs, SREBPs, ChREBP
Proteins	Amino acids	C/EBPs
<b>Micronutrients</b>		
Vitamins	Vitamin A Vitamin D Vitamin E	RAR, RXR VDR PXR
Minerals	Calcium Iron Zinc	Calcineurin/NF-ATs IRP1, IRP2 MTF1
<b>Other food components</b>		
	Flavonoids Xenobiotics	ER, NFκB, AP1 CAR, PXR



# "Molecular Nutrition & Genomics" The strategy of Nutrigenomics

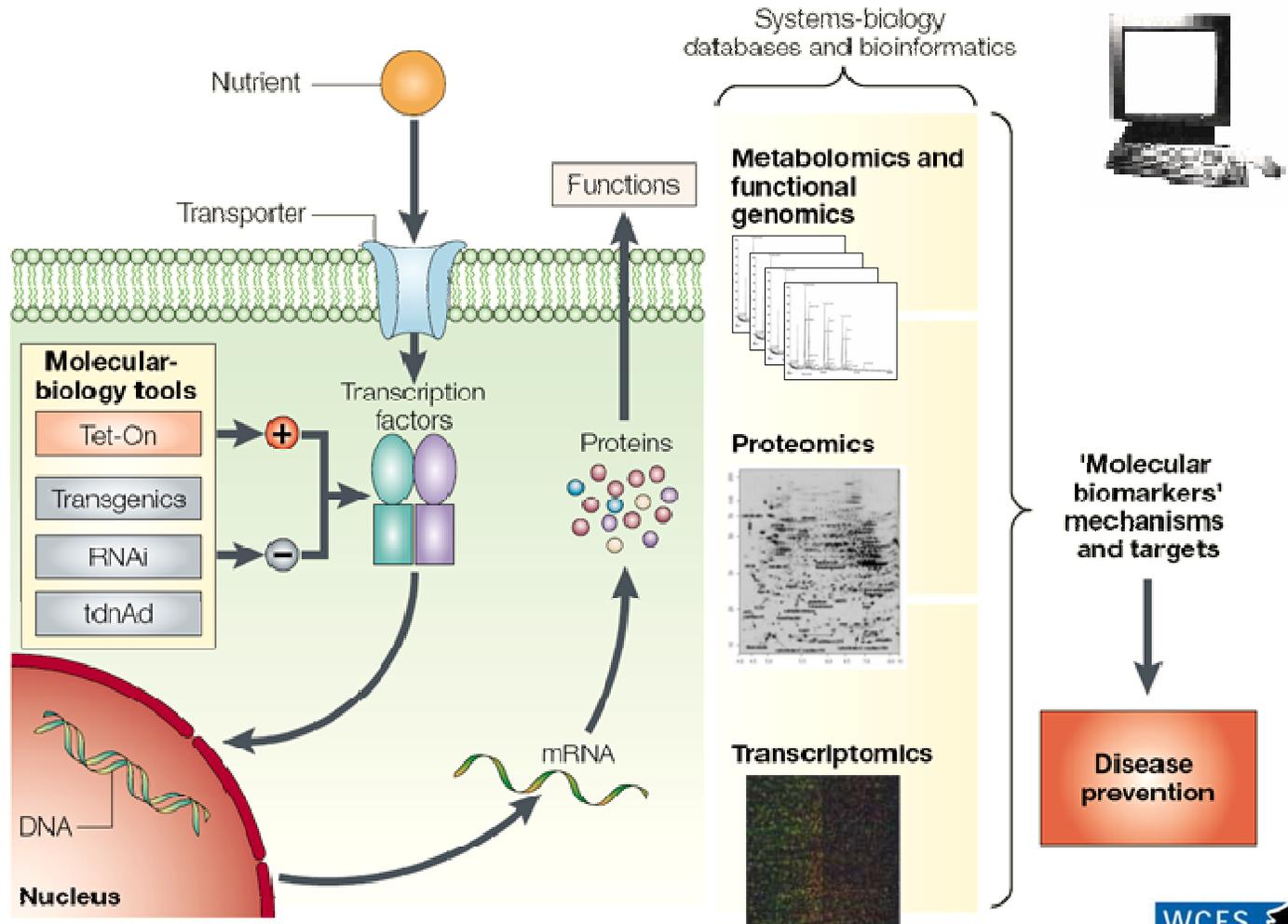


50000 (?)  
metabolites

80-100000  
proteins

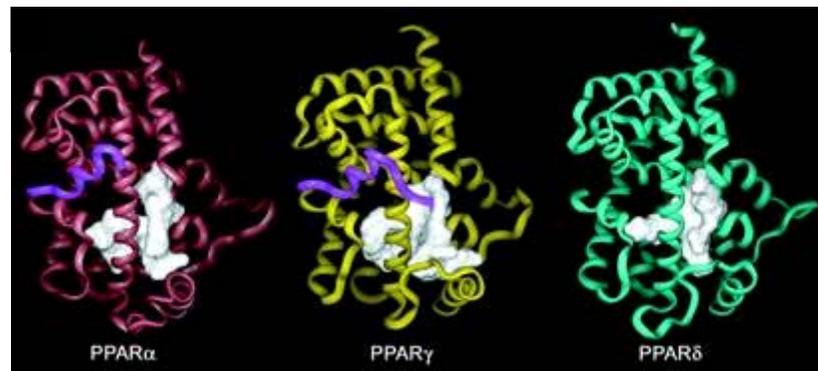
100000  
transcripts

20-25000  
genes



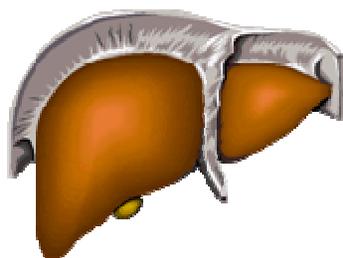
# Functions of PPARs

"Fat sensors"



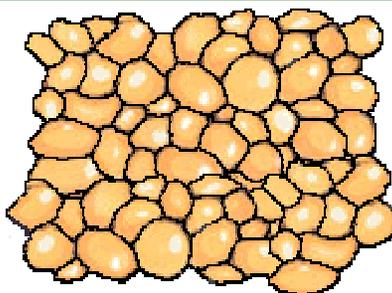
## *PPAR $\alpha$*

- Nutrient metabolism (lipid, glucose, AAs)
- Proliferation
- Inflammation



## *PPAR $\gamma$*

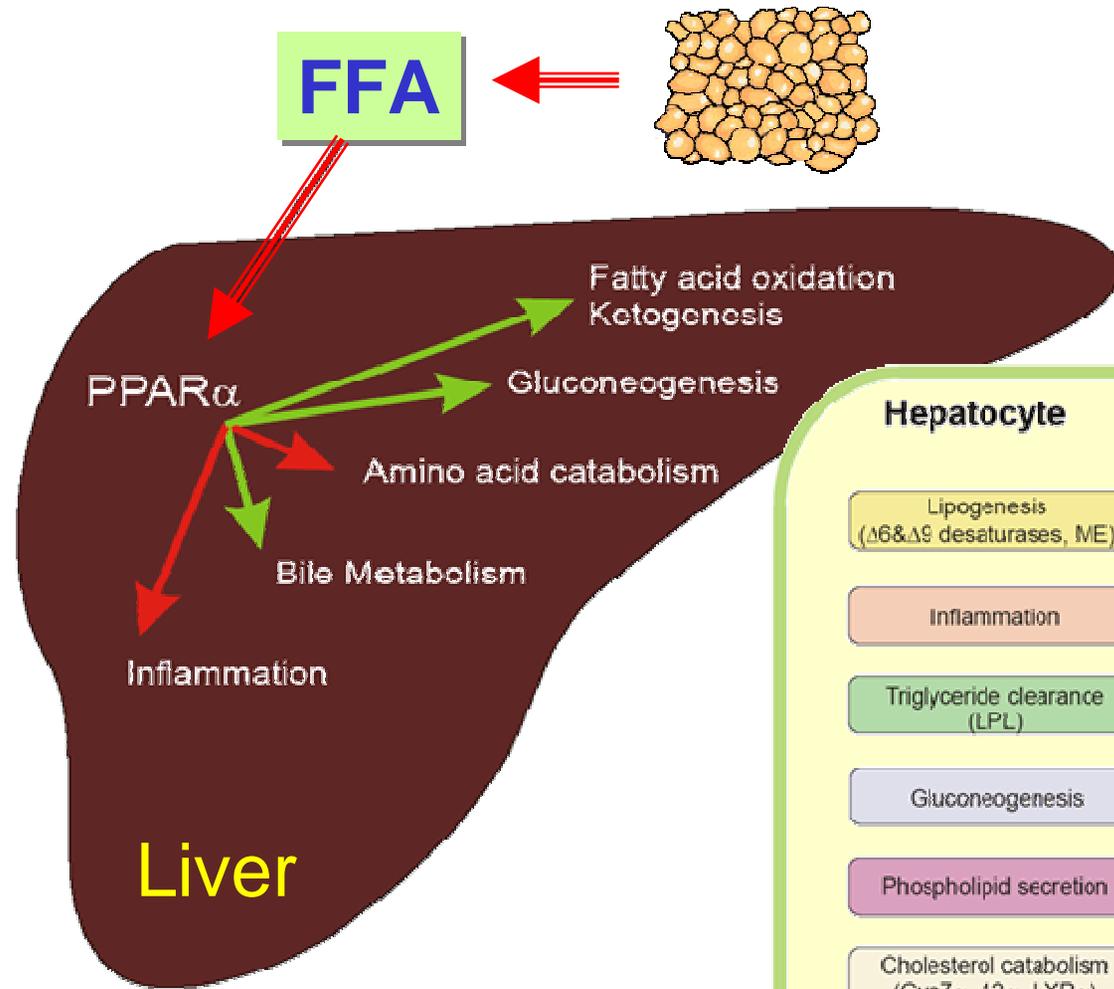
- Lipid and glucose metabolism
- Cell cycle control
- Inflammation



## *PPAR $\beta$*

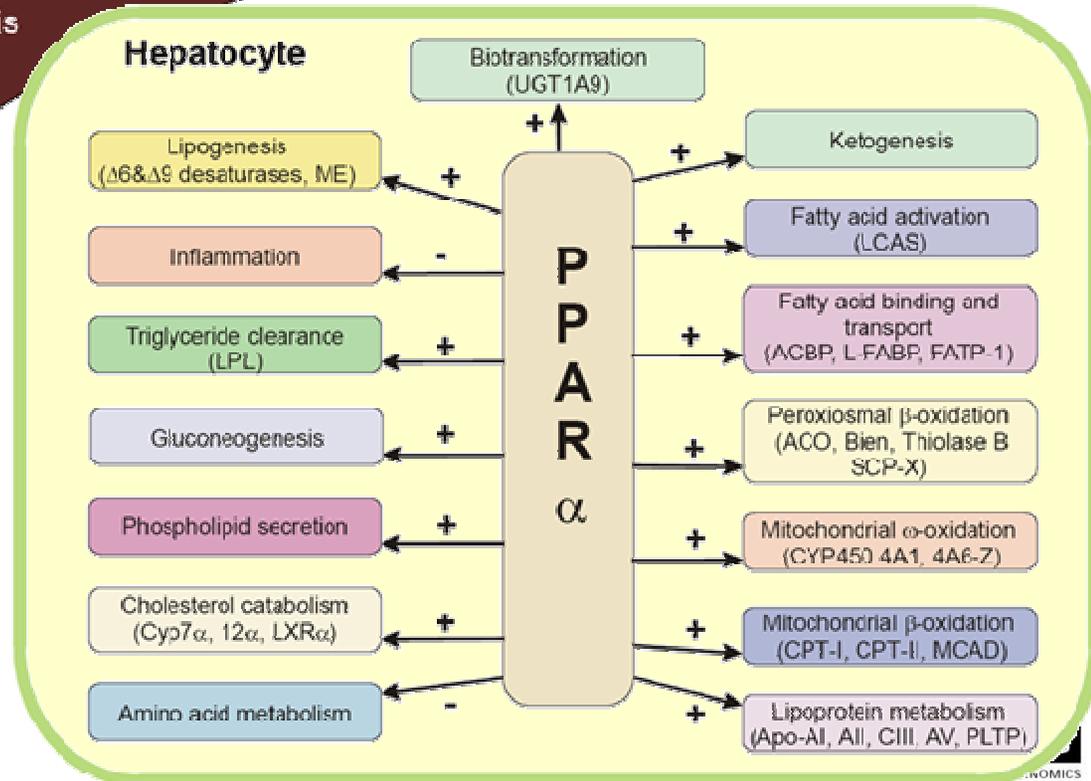
- Lipid metabolism
- Keratinocyte differentiation
- Inflammation

# Role of PPAR $\alpha$ in the hepatic response to fasting

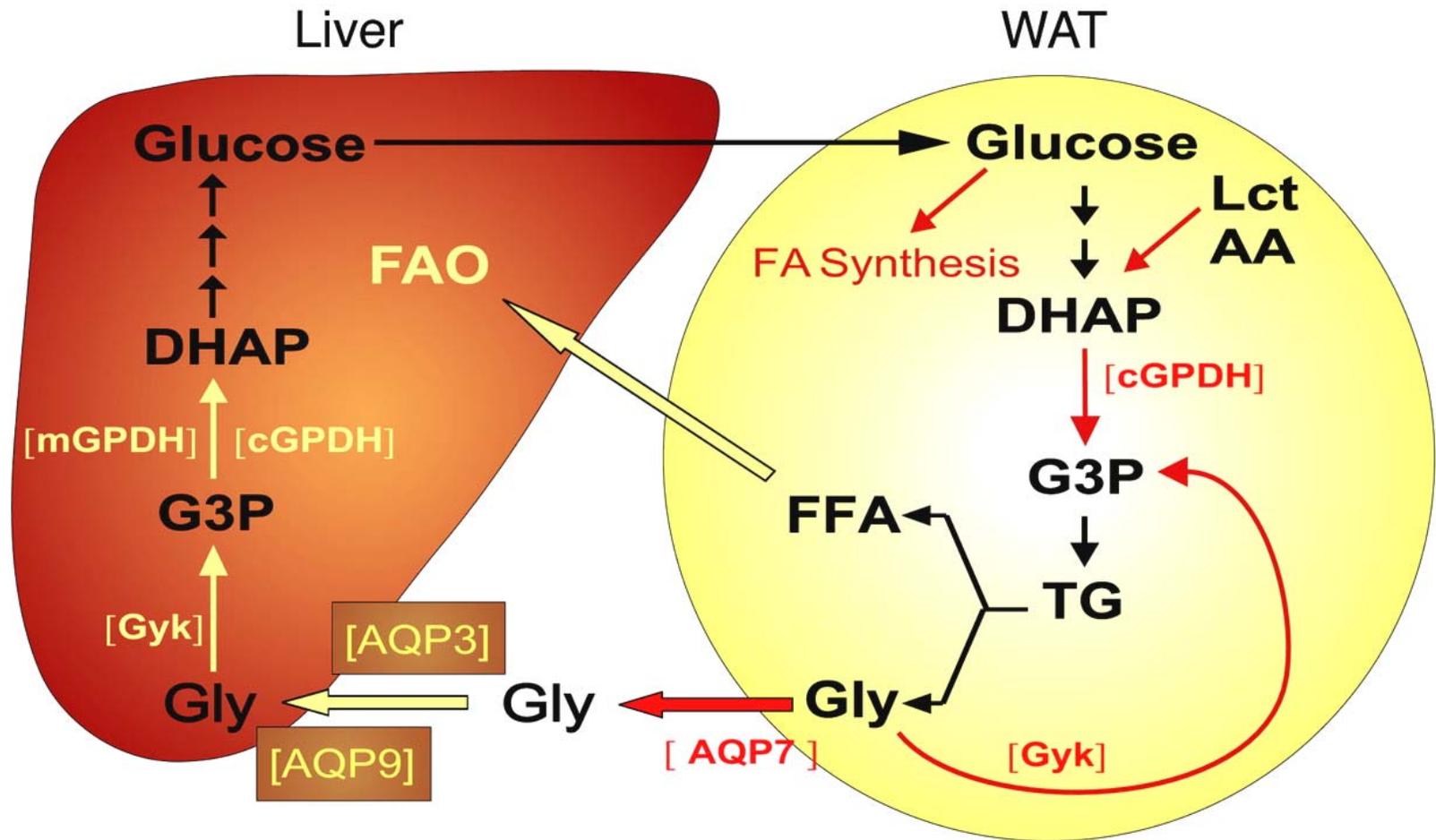


Elucidation by employing:

- 1) k.o.-mice
- 2) specific ligands
- 3) transcriptome analysis
- 4) In vitro studies (Promoter studies, ChIP, etc)



CMLS, Cell. Mol. Life Sci. 61 (2004) 393–416



*J. Clin. Invest.* 114:94-103 (2004).

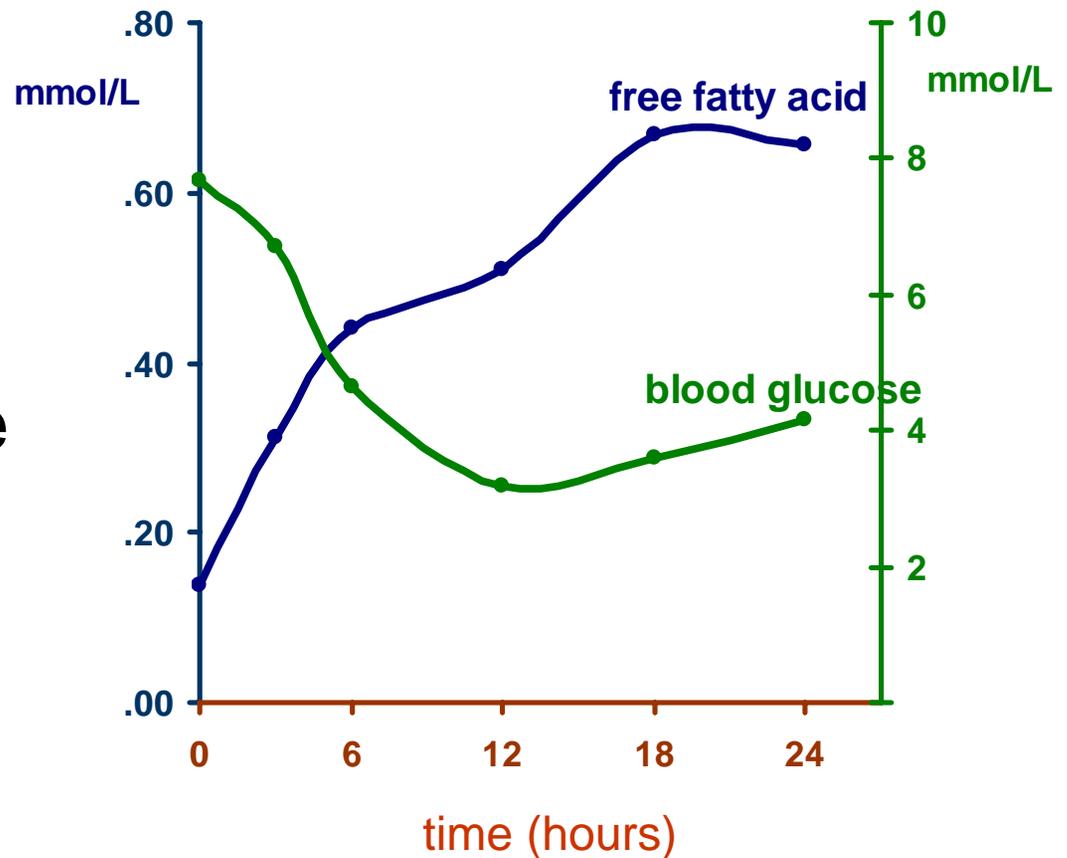
## PPAR $\alpha$ governs glycerol metabolism

David Patsouris,<sup>1</sup> Stéphane Mandard,<sup>1</sup> Peter J. Voshol,<sup>2</sup> Pascal Escher,<sup>3</sup> Nguan Soon Tan,<sup>4</sup>  
 Louis M. Havekes,<sup>2</sup> Wolfgang Koenig,<sup>5</sup> Winfried März,<sup>6</sup> Sherrie Tafuri,<sup>3</sup> Walter Wahli,<sup>4</sup>  
 Michael Müller,<sup>1</sup> and Sander Kersten<sup>1</sup>

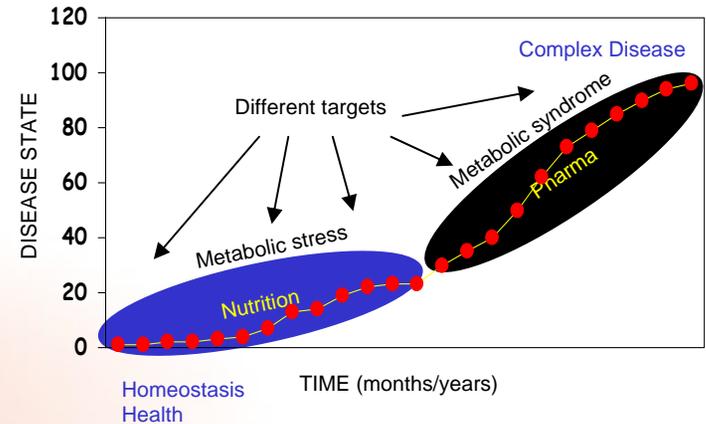
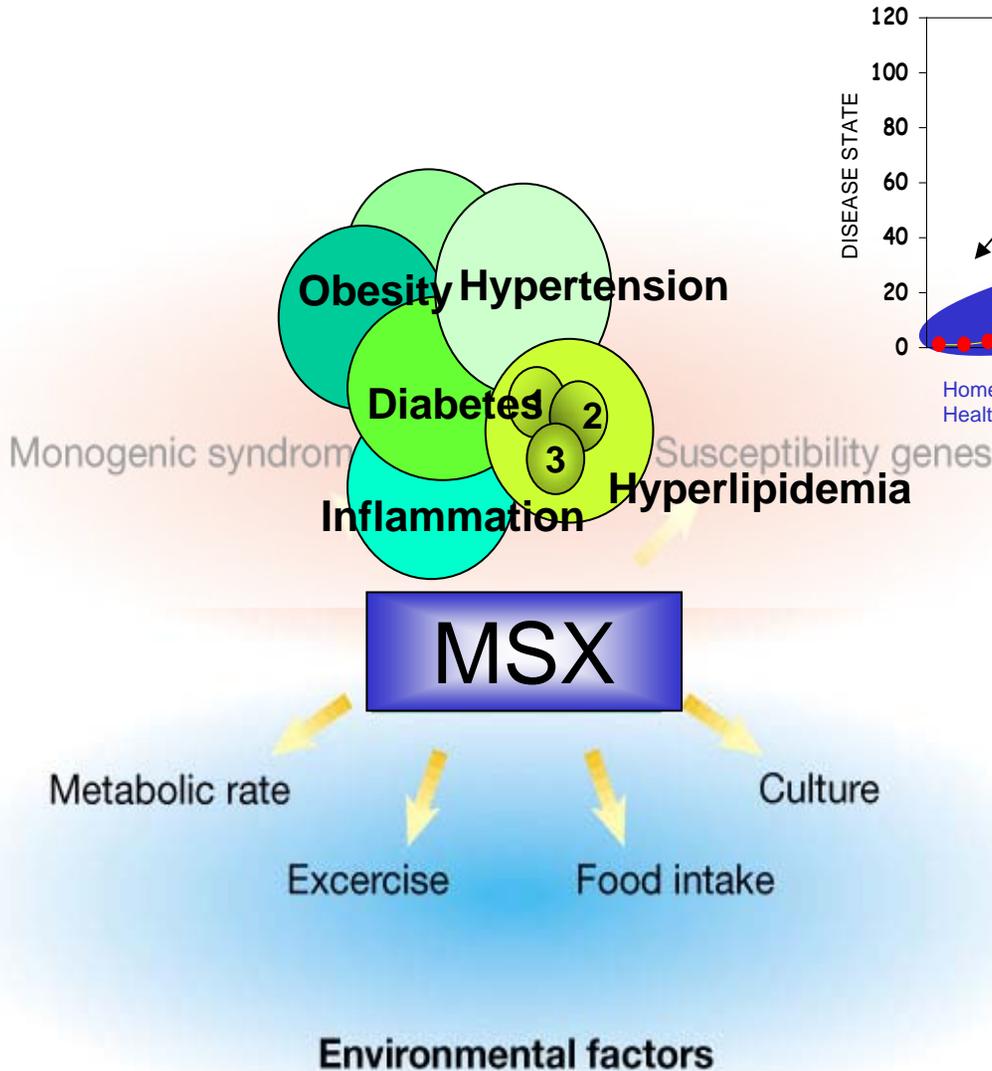
# The role of free fatty acids

- During fasting
- During long endurance activity
- In obese people

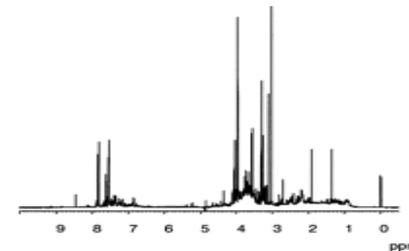
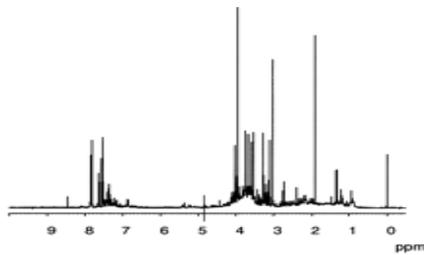
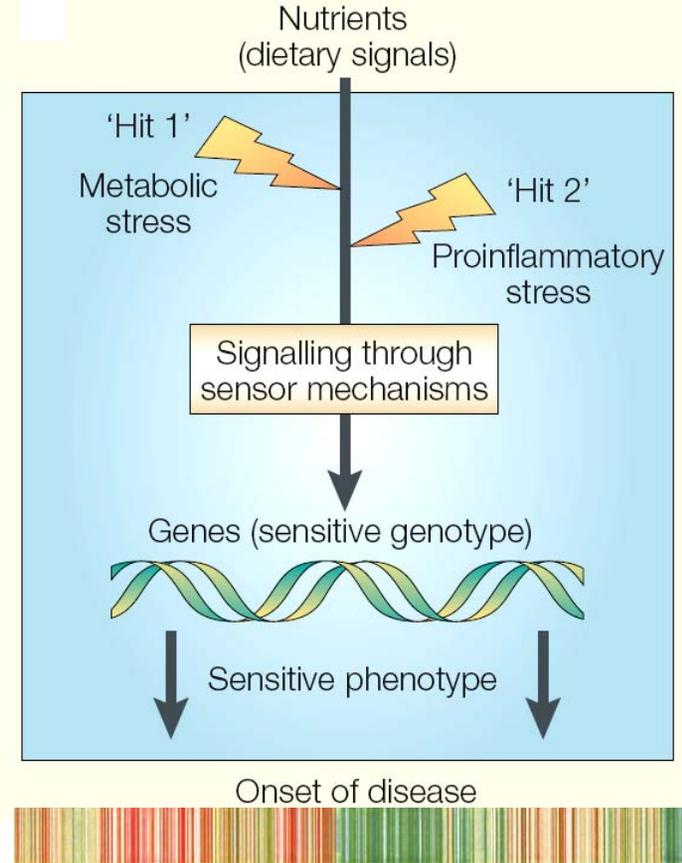
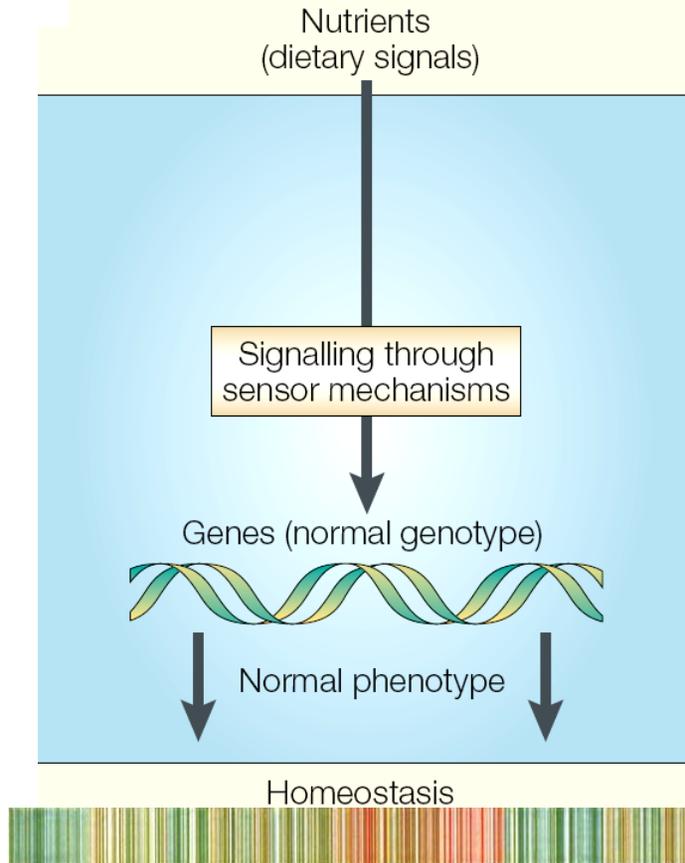
“Hunger” signal or  
“Need for glucose” signal



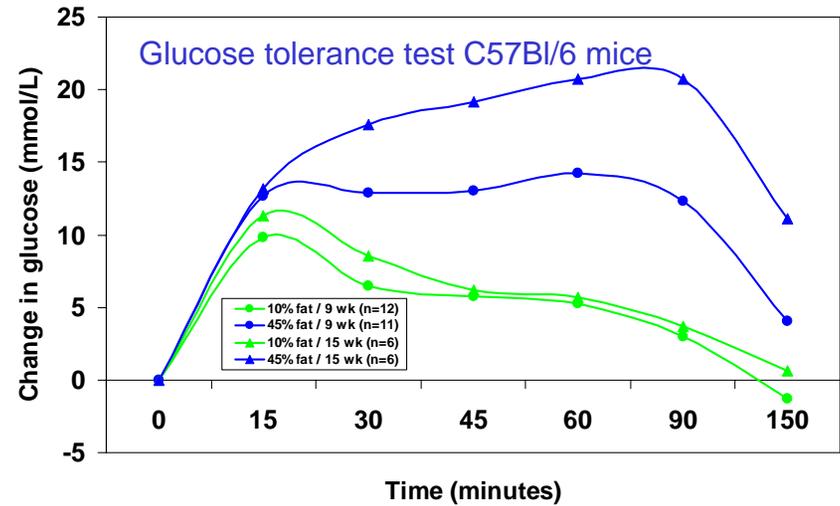
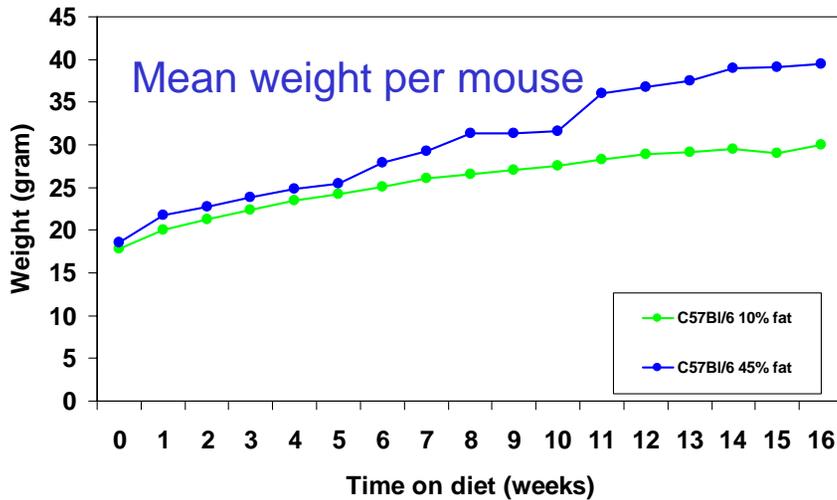
# Factors influencing the development of metabolic syndrome



# Signatures of health & stress -The "two hits": Metabolic and pro-inflammatory stress



# Mouse study: 45% High Fat versus 10% Low Fat



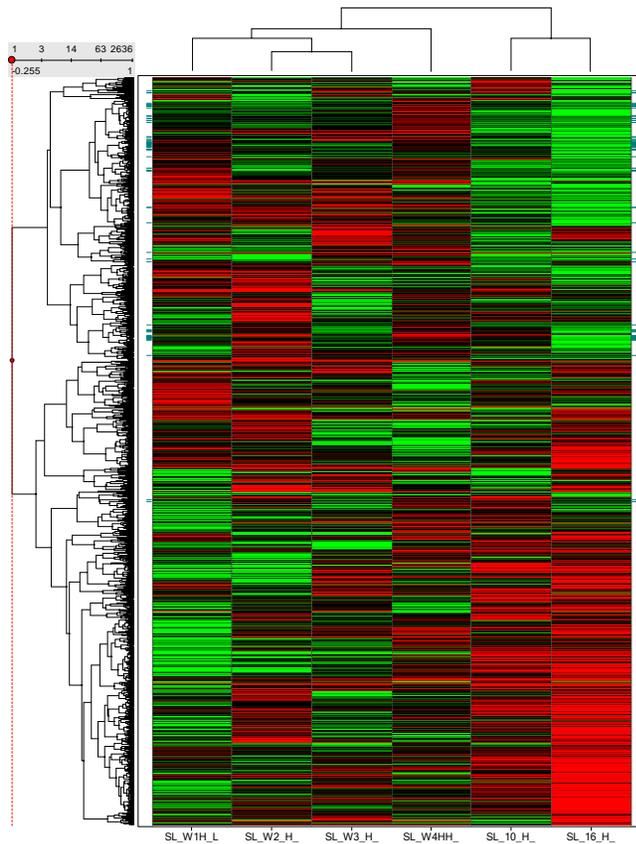
Intestine  
Liver  
Muscle  
WAT



+ "omics" analysis

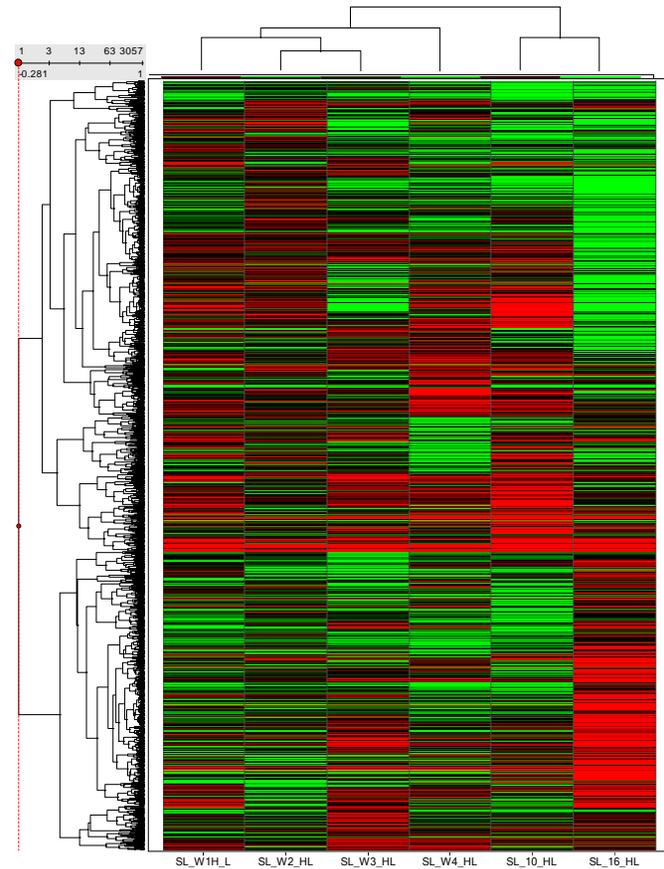
# Hierarchical Clustering 'Liver and Intestine'

Liver



Weeks 1 2 3 4 10 16

Intestine



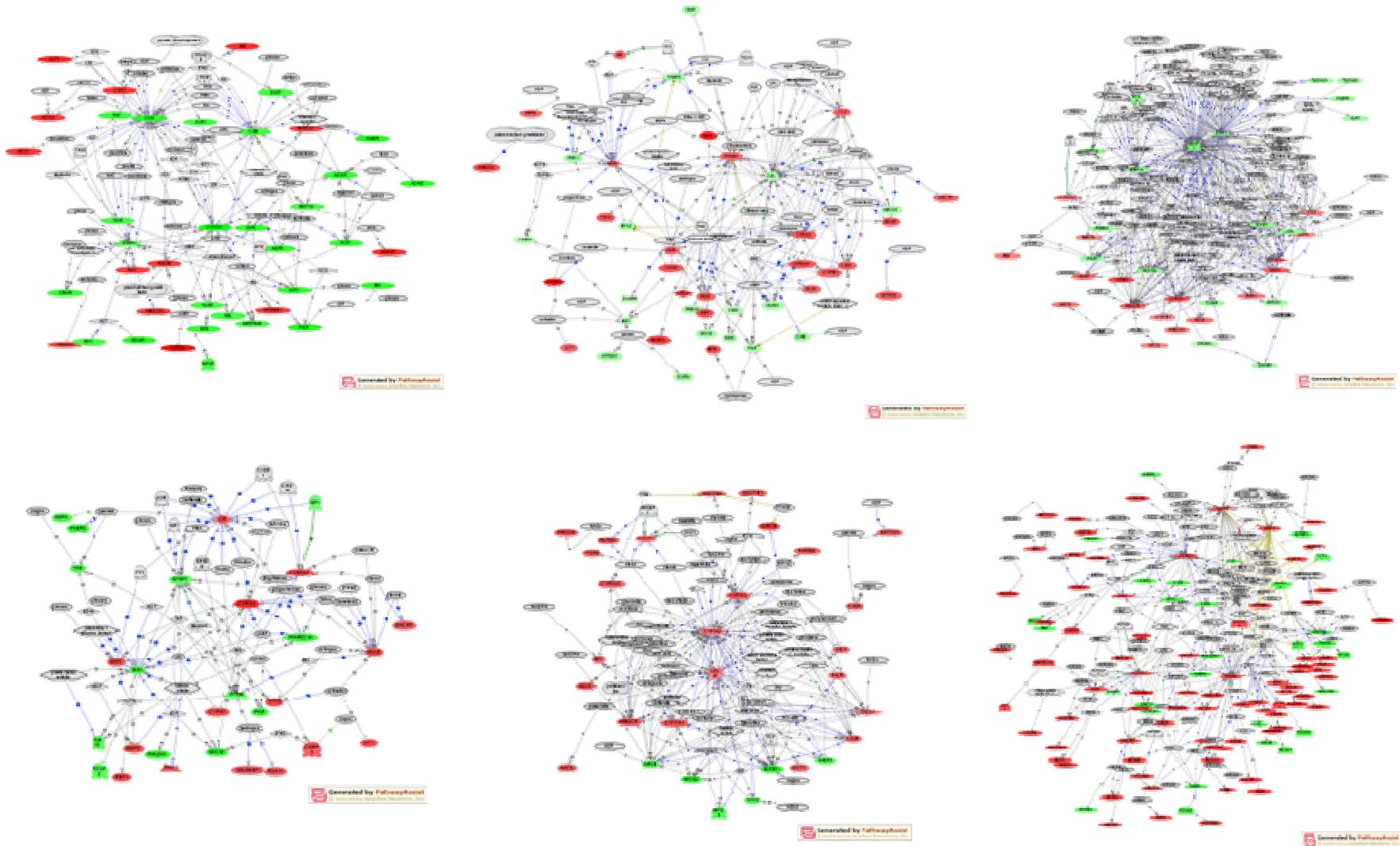
Weeks 1 2 3 4 10 16

Clustering method: UPGMA (unweighted average)

Similarity measure: *Correlation*

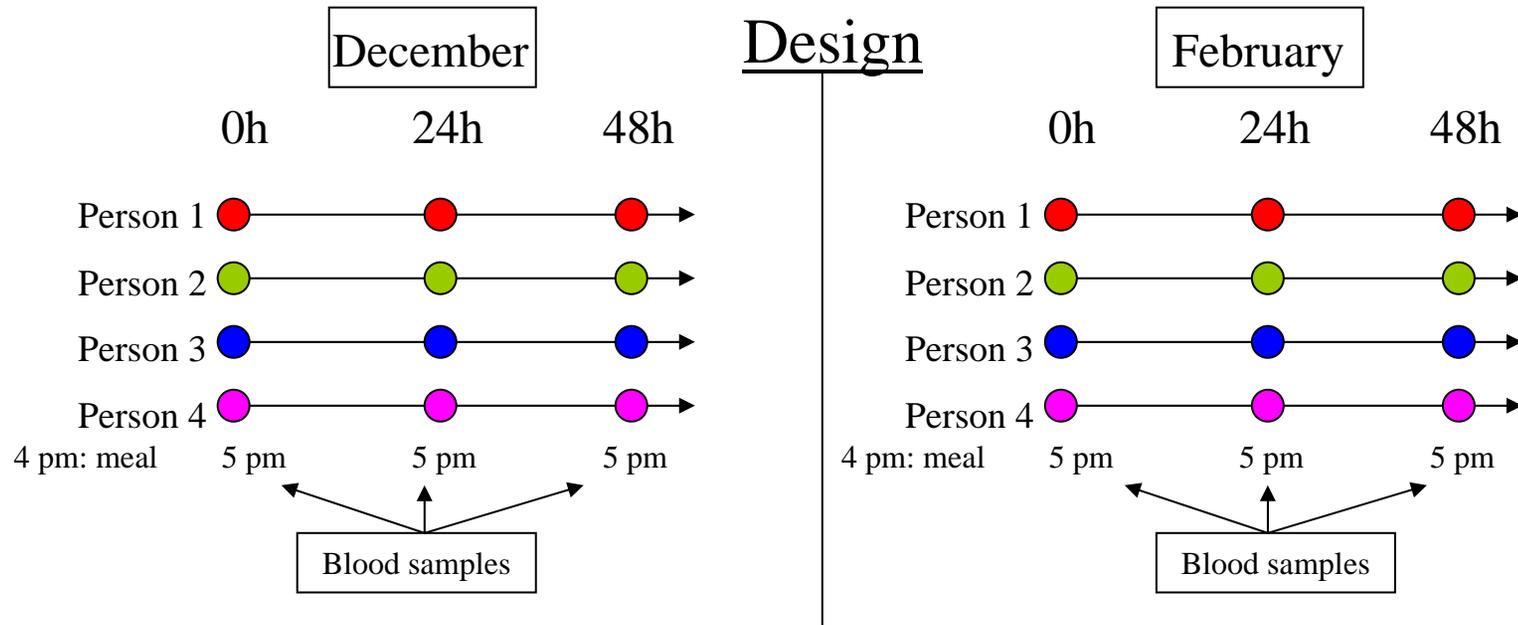
Ordering function: Average value

# Pathway analysis supports searches for common regulators



Liver data weeks 1,2,3,4,10 + 16 HF vs LF  $-0.5 < SLR > 0.5$

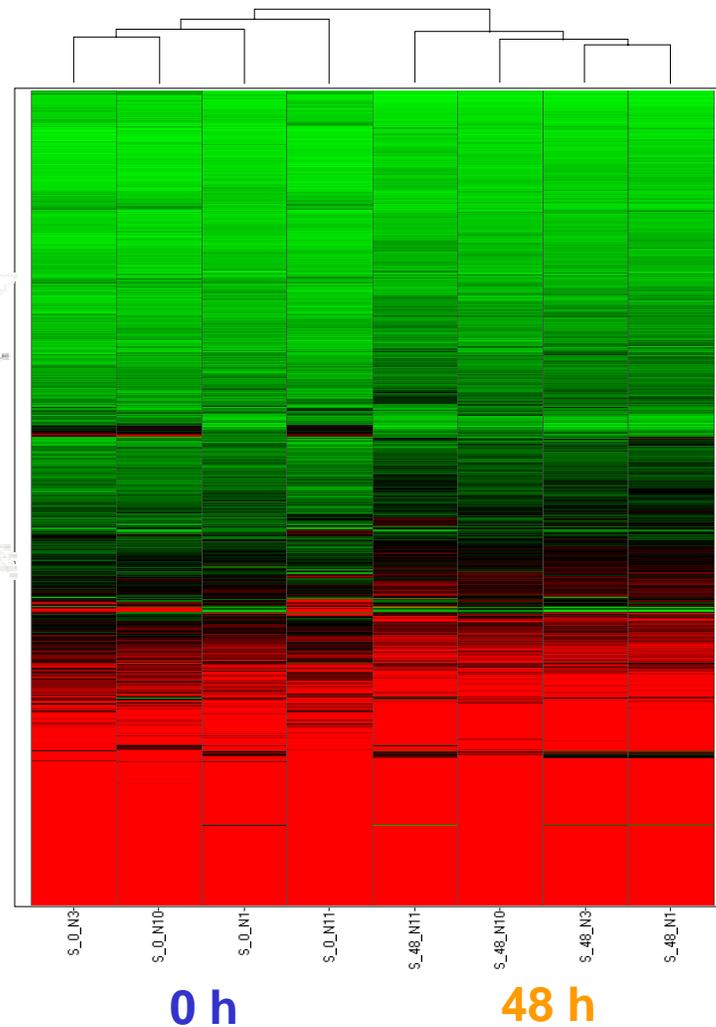
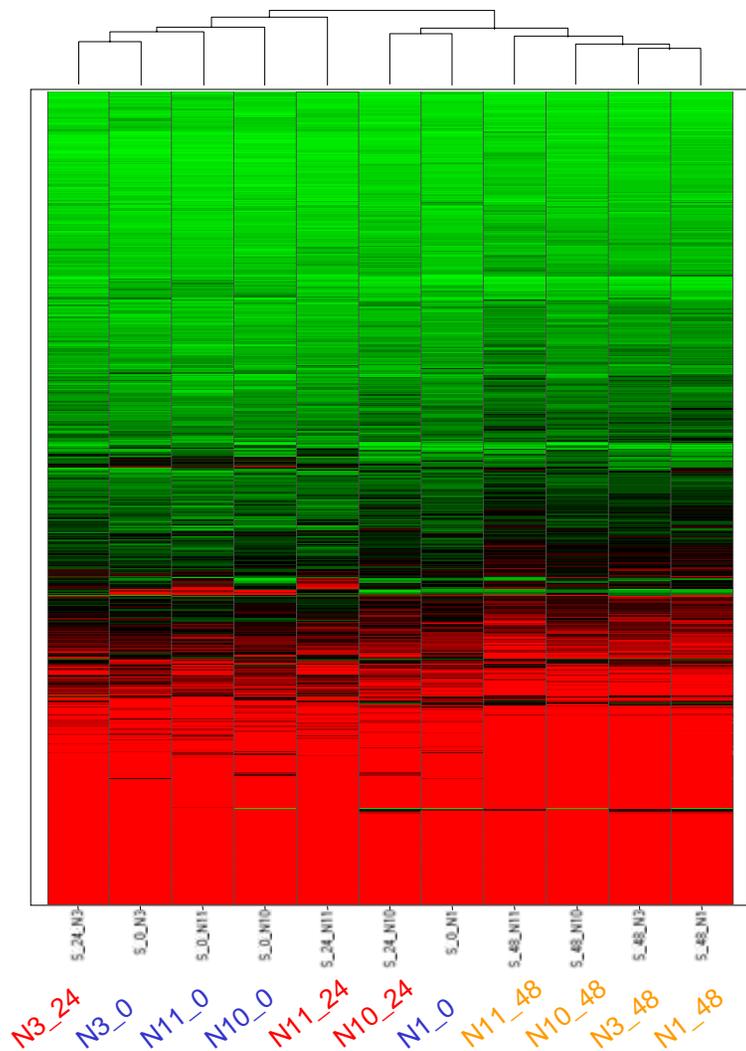
# Human Studies "Fasting signatures"



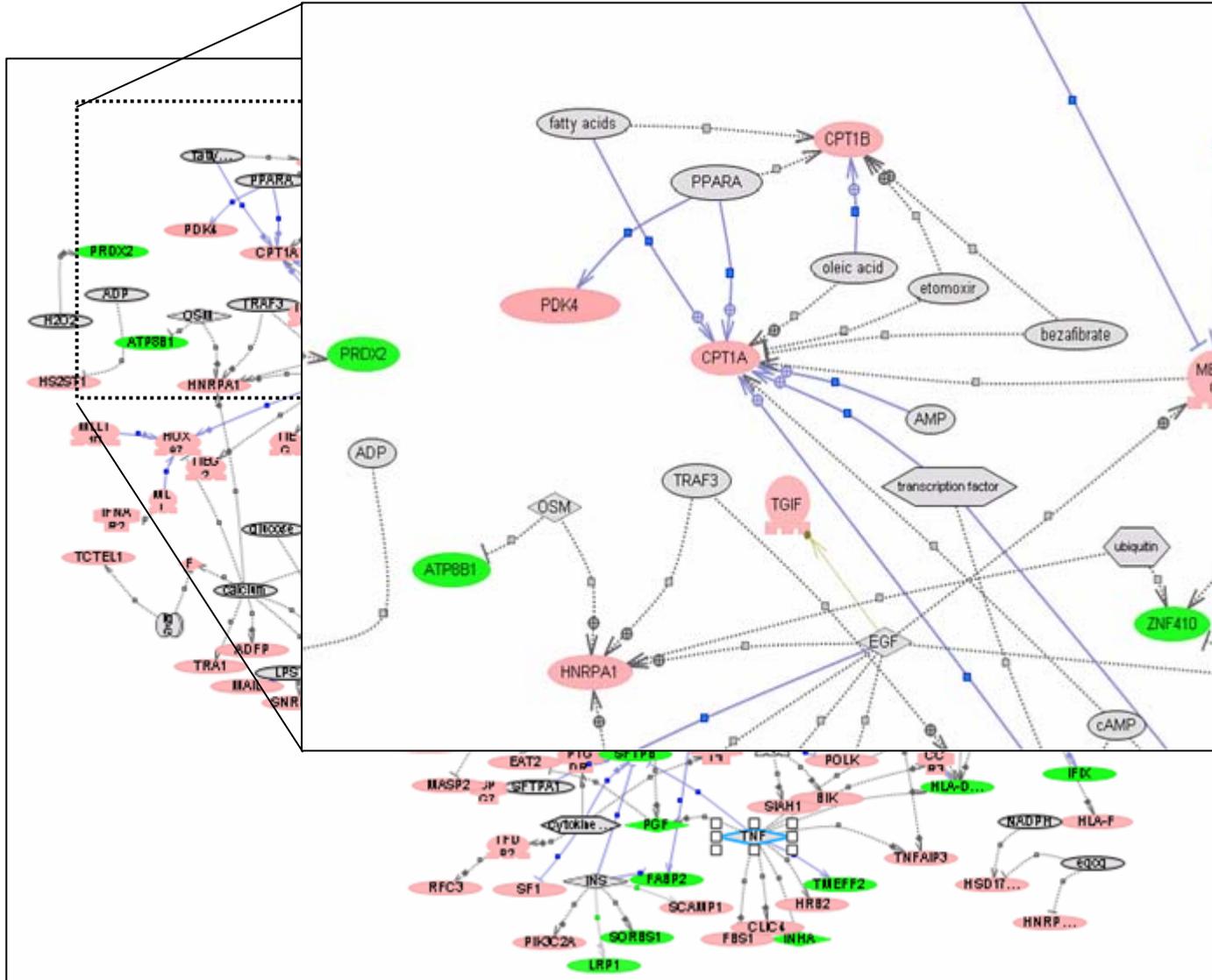
- Get insight in basic gene expression of human PBMCs (inter- and intra-individual variation)
- Explore the possibilities of using PBMCs as markers for nutritional status
- Focus on fatty acid dependent gene expression signatures

# Hierarchical Clustering

Clustering method: UPGMA (unweighted average)  
Similarity measure: Euclidean distance  
Ordering function: Average value



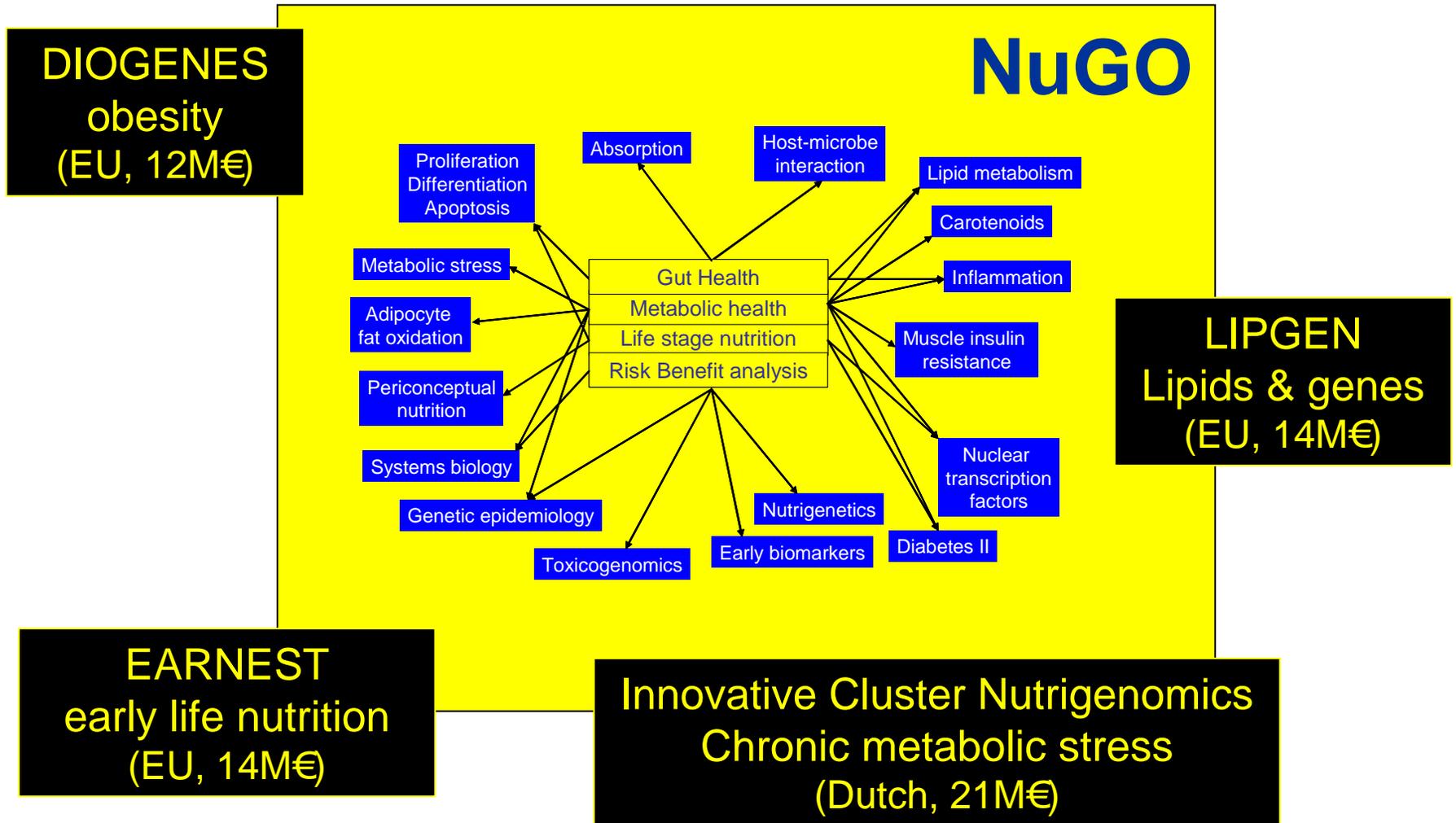
# "Zoom-in": Common regulators (slr>0.5 or <-0.5)



# Conclusions

- Nutrigenomics is the application of high-throughput genomics tools in nutrition research.
- Applied wisely, it will promote an increased understanding of how nutrition influences metabolic pathways and homeostatic control, how this regulation is disturbed in the early phase of a diet-related disease and to what extent individual sensitizing genotypes contribute to such diseases.
- Ultimately, nutrigenomics will allow effective dietary-intervention strategies to recover normal homeostasis and to prevent diet-related diseases.
- However, huge efforts (money + smart ideas) are needed to solve already identified and future problems:
  - Extract biological relevant data from nutrigenomics datasets (“signal versus noise”)
  - Translate animal data to the human situation (in particular for complex diseases)
  - Is nutritional “systems biology” the method to identify biomarkers?
  - How tailored-made can nutrition be in the future?

# Collaboration - Linking to EU programs



# Thanks to:



Ben van Ommen

Christian Trautwein

Annibale Biggeri  
Marta Blangiardo  
(NUGO)

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Centre for Human Nutrigenomics  
Nutrigenomics Consortium/WCFS

NWO  
Diabetes-fonds  
IOP-Genomics