

# RESILIENCE



TRANS-NIH Resilience  
Working Group

## System



ENVIRONMENT



COMMUNITY



INDIVIDUAL



Psychological

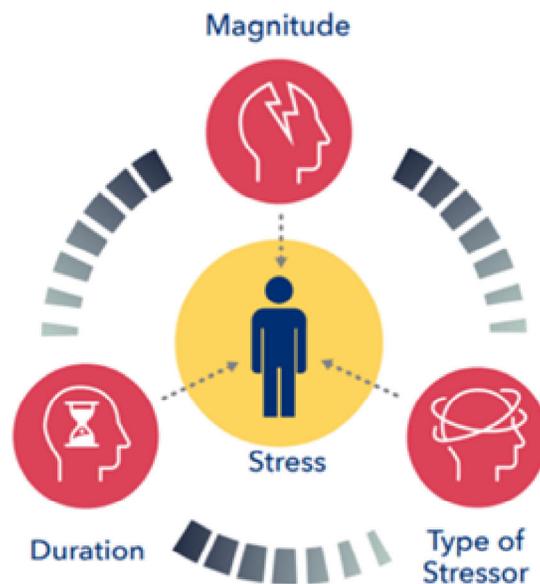


Physiological



Molecular

## Challenge



## Reaction



Resist



Recover better  
(adaptive response)



Recover



Recover but worse than before  
(maladaptive response)



Collapse